

Having trouble viewing this email? [Click here](#)

Hi, just a reminder that you're receiving this email because you have expressed an interest in Domestic Abuse Intervention Services. Don't forget to add kaitlyng@abuseintervention.org to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



[Website](#) [I Need Help](#) [Donate](#) [I Want to Help](#) [About DAIS](#)

Domestic Violence 101

Domestic abuse can happen to anyone regardless of race, income, education, gender, sexual orientation, age or religion and occurs in many forms: physical abuse, emotional abuse, verbal abuse, sexual abuse and economic abuse.

Across the nation, 1 in 4 women will experience domestic violence at the hands of an intimate partner at some point in her lifetime. We also know that 1 in 7 men will experience domestic violence.

What this means locally:

Of the 253,000 women and girls who call Dane County home, over 63,000 of them have been or will be the victim of domestic violence at some point in her life.

DAIS estimates that there are 12,000 incidents of domestic violence in Dane County annually, or 33 per day.

Power and Control Wheel:

The Power and Control Wheel illustrates the overall pattern of abusive and violent behaviors that are used by a batterer to establish and maintain control over their partner.

In This Issue

DV 101

Action Steps

In the News

For the Record:
Strategies for ending
domestic abuse

President Barack
Obama Says, "This Is
What a Feminist
Looks Like"

This Is Not A Love
Story

Domestic Violence
as a
Community Issue





This illustration was designed to describe the experiences of female victims of domestic violence, and thus includes gender-specific language.

The words power and control are at the center because power and control is the center of an abusive relationship. Each section of the wheel contains different types of abuse tactics that domestic violence abusers use against their partner.

An Important Reminder:

Victims do not cause the abuse, and nothing a victim says or does can excuse the abuse. Abusers bear sole responsibility for their actions.

Action Steps

1. Listen to the story of a survivor of domestic violence by watching Leslie Morgan Steiner's TED Talk, [Why Domestic Violence Victims Don't Leave](#). Leslie Morgan Steiner tells the story of her relationship, corrects misconceptions about victims of domestic violence, and explains how we can all help end this epidemic. **Trigger Warning**
2. Research the services available to victims of domestic violence in your community. Below, are some organizations serving the Dane County area.
 - o [DAIS](#)
 - o [Deaf Unity](#)
 - o [Freedom Inc.](#)
 - o [OutReach](#)
 - o [PAVE - UW Madison](#)
 - o [SAAV](#)
 - o [UNIDOS](#)

You're invited to a thought provoking conversation exploring the systems in our community that are affected by intimate partner violence and how those systems in turn affect victims and survivors.

Wednesday, August 10
5:30 p.m. - 7:00 p.m.
Warner Park Community Center

This event is free and open to the public. Please RSVP for yourself and any guests you plan to bring.

The 2016 Community Education Events aim to educate the community about the issue of domestic violence through community education, training and outreach.

3. Share the **Power of One** with a friend, family member or colleague. In order to create a real shift in culture, we need to spread the message and raise awareness that everyone has a role to play when it comes to eliminating domestic abuse. Together we can change the culture.

Power of One

We all have the power to change harmful attitudes, to speak up, and to support the work to end domestic abuse. It is the power of one voice, one message, one conversation, one intervention. The act of helping one leads to the impact of helping all.
One. And for all.



Forward To A Friend

Domestic Abuse Intervention Services, 2102 Fordem Avenue, Madison, WI 53704

[SafeUnsubscribe™ {recipient's email}](#)

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by kaitlyng@abuseintervention.org in collaboration with

Constant Contact 

Try it free today